

42. ISF des SSV BINGEN in Wiesbaden - Cross-the-River-Cup

vom 20.09.2025 bis 21.09.2025 im Kleinfeldchen

Veranstalter: SSV Bingen / Ausrichter: SSV Bingen

Protokoll

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Wettkampf/Event 36 - 400m Freistil/Freestyle m - nage libre g - freestyle m

Jahrgang 2015

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Vincent Keilmann 100m: 01:26,93 (01:26,93) 200m: 03:00,36 (01:33,43) 300m: 04:34,68 (01:34,32) 400m: 06:03,50 (01:28,82)		DSW 1912 Darmstadt e.V.	06:03,50	199
2.	Oscar Proft 100m: 01:27,80 (01:27,80) 200m: 03:02,02 (01:34,22) 300m: 04:36,73 (01:34,71) 400m: 06:07,07 (01:30,34)		DSW 1912 Darmstadt e.V.	06:07,07	193
3.	Eric Oan Albert Njipwo 100m: 01:26,98 (01:26,98) 200m: 02:59,31 (01:32,33) 300m: 04:34,70 (01:35,39) 400m: 06:13,04 (01:38,34)		DSW 1912 Darmstadt e.V.	06:13,04	184

abgemeldet

Moritz Bohn

Vladyslav Prytula

VfR Simmern

SG EWR Rheinhessen-Mainz

Jahrgang 2014

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Teo Arcones Schwenk 100m: 01:20,67 (01:20,67) 200m: 02:49,13 (01:28,46) 300m: 04:18,32 (01:29,19) 400m: 05:43,92 (01:25,60)		DSW 1912 Darmstadt e.V.	05:43,92	235
2.	Simon Jeon 100m: 01:23,98 (01:23,98) 200m: 02:53,62 (01:29,64) 300m: 04:24,34 (01:30,72) 400m: 05:53,03 (01:28,69)		DSW 1912 Darmstadt e.V.	05:53,03	217
3.	Yevhenii Dehtiar 100m: 01:22,60 (01:22,60) 200m: 02:52,80 (01:30,20) 300m: 04:24,35 (01:31,55) 400m: 05:53,45 (01:29,10)		SC Wiesbaden 1911	05:53,45	216
4.	Stefan-Teodor Marcu 100m: 01:28,88 (01:28,88) 200m: 03:04,60 (01:35,72) 300m: 04:37,76 (01:33,16) 400m: 06:03,97 (01:26,21)		SV Delphin Wiesbaden e.V.	06:03,97	198
5.	Maximilian Schäfer 100m: 01:31,92 (01:31,92) 200m: 03:13,20 (01:41,28) 400m: 06:29,42 (03:16,22)		VfR Simmern	06:29,42	161
6.	Davio Wittig 100m: 01:33,91 (01:33,91) 200m: 03:15,28 (01:41,37) 300m: 04:56,41 (01:41,13) 400m: 06:30,91 (01:34,50)		TV Wetzlar 1847	06:30,91	160
7.	Noah Forster 100m: 01:33,73 (01:33,73) 200m: 03:15,32 (01:41,59) 300m: 04:56,92 (01:41,60) 400m: 06:34,54 (01:37,62)		VfR Simmern	06:34,54	155

abgemeldet

Max Dreßler

SC Wiesbaden 1911

Jahrgang 2013

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Henry Alexander Domscheit 100m: 01:13,01 (01:13,01) 200m: 02:32,12 (01:19,11) 300m: 03:52,04 (01:19,92) 400m: 05:11,56 (01:19,52)		SC Wiesbaden 1911	05:11,56	316
2.	Henri Schergaut 100m: 01:18,01 (01:18,01) 200m: 02:41,87 (01:23,86) 300m: 04:03,84 (01:21,97) 400m: 05:24,62 (01:20,78)		TV Wetzlar 1847	05:24,62	279
3.	Amadeus Vittinghoff 100m: 01:18,67 (01:18,67) 200m: 02:42,44 (01:23,77) 300m: 04:07,67 (01:25,23) 400m: 05:30,84 (01:23,17)		DSW 1912 Darmstadt e.V.	05:30,84	264
4.	Mika Gassner 100m: 01:21,92 (01:21,92) 200m: 02:52,24 (01:30,32) 300m: 04:23,24 (01:31,00) 400m: 05:49,02 (01:25,78)		DSW 1912 Darmstadt e.V.	05:49,02	224
5.	Mark Uster 100m: 01:24,88 (01:24,88) 200m: 02:56,16 (01:31,28) 300m: 04:29,44 (01:33,28) 400m: 05:56,95 (01:27,51)		SC Wiesbaden 1911	05:56,95	210
6.	Tristan Wunschheim 100m: 01:39,24 (01:39,24) 200m: 03:17,33 (01:38,09) 300m: 04:07,48 (00:50,15) 400m: 06:31,44 (02:23,96)		SC Wiesbaden 1911	06:31,44	159
7.	Arno Kolb 100m: 01:31,76 (01:31,76) 200m: 03:13,13 (01:41,37) 300m: 04:57,67 (01:44,54) 400m: 06:34,84 (01:37,17)		SC Wiesbaden 1911	06:34,84	155
8.	Florian Leismann 100m: 01:33,05 (01:33,05) 200m: 03:22,46 (01:49,41) 300m: 05:11,78 (01:49,32) 400m: 06:57,40 (01:45,62)		Schwimm-Team Bingerbrück	06:57,40	131

abgemeldet

Jules Foitzik

Luca Nicola

DSW 1912 Darmstadt e.V.

SC Wiesbaden 1911



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noch Wettkampf/Event 36 - 400m Freistil/Freestyle m - nage libre g - freestyle m

Jahrgang 2012

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Tom Landzettel		DSW 1912 Darmstadt e.V.	04:47,97	400
	100m: 01:09,47 (01:09,47) 200m: 02:23,10 (01:13,63) 300m: 03:36,88 (01:13,78) 400m: 04:47,97 (01:11,09)				
2.	Paul Müller		SG EWR Rheinhessen-Mainz	04:50,39	390
	100m: 01:09,17 (01:09,17) 200m: 02:23,48 (01:14,31) 300m: 03:37,51 (01:14,03) 400m: 04:50,39 (01:12,88)				
3.	Aaron Sebastian Jóhannsson		Sundfélag Hafnarfjarðar	04:52,20	383
	100m: 01:08,64 (01:08,64) 200m: 02:23,54 (01:14,90) 300m: 03:38,48 (01:14,94) 400m: 04:52,20 (01:13,72)				
4.	Mazen Ghoneim		DSW 1912 Darmstadt e.V.	04:55,08	372
	100m: 01:10,67 (01:10,67) 200m: 02:27,15 (01:16,48) 300m: 03:43,01 (01:15,86) 400m: 04:55,08 (01:12,07)				
5.	Andrej Tepavcevic		Sundfélag Hafnarfjarðar	04:57,78	362
	100m: 01:09,57 (01:09,57) 200m: 02:25,58 (01:16,01) 300m: 03:42,34 (01:16,76) 400m: 04:57,78 (01:15,44)				
6.	Jona Vinzent Weber		SV Delphin Wiesbaden e.V.	05:07,58	328
	100m: 01:10,85 (01:10,85) 200m: 02:29,99 (01:19,14) 300m: 03:49,56 (01:19,57) 400m: 05:07,58 (01:18,02)				
7.	Marlon Bohn		VfR Simmern	05:09,91	321
	100m: 01:12,52 (01:12,52) 200m: 02:33,11 (01:20,59) 300m: 03:53,18 (01:20,07) 400m: 05:09,91 (01:16,73)				
8.	Toni Rafael Heinze		SC Wiesbaden 1911	05:18,62	295
	100m: 01:16,53 (01:16,53) 200m: 02:38,12 (01:21,59) 300m: 03:58,53 (01:20,41) 400m: 05:18,62 (01:20,09)				
9.	Armandas Gustas		TV Wetzlar 1847	05:22,11	286
	100m: 01:14,56 (01:14,56) 200m: 02:36,94 (01:22,38) 300m: 04:00,27 (01:23,33) 400m: 05:22,11 (01:21,84)				
10.	Patrick Spiller		Schwimm-Team Bingerbrück	05:29,48	267
	100m: 01:13,00 (01:13,00) 200m: 02:38,42 (01:25,42) 300m: 04:04,08 (01:25,66) 400m: 05:29,48 (01:25,40)				
11.	Roman Plaksunov		DSW 1912 Darmstadt e.V.	05:32,64	259
	100m: 01:18,82 (01:18,82) 200m: 02:44,86 (01:26,04) 300m: 04:09,95 (01:25,09) 400m: 05:32,64 (01:22,69)				
12.	Tim Juling		SC Wiesbaden 1911	05:33,29	258
	100m: 01:22,16 (01:22,16) 200m: 02:47,70 (01:25,54) 300m: 04:11,64 (01:23,94) 400m: 05:33,29 (01:21,65)				
13.	Damon Magnus Keßler		TV Wetzlar 1847	05:44,80	233
	100m: 01:18,73 (01:18,73) 200m: 02:48,86 (01:30,13) 300m: 04:18,26 (01:29,40) 400m: 05:44,80 (01:26,54)				
14.	Benjamin Farsadpour		Kaiserslauterer SK	05:48,44	226
	100m: 01:18,25 (01:18,25) 200m: 02:48,06 (01:29,81) 300m: 04:19,72 (01:31,66) 400m: 05:48,44 (01:28,72)				

nicht am Start

Leo Beelen

SC Wiesbaden 1911

abgemeldet

Maximilian Lang

SG EWR Rheinhessen-Mainz

Jahrgang 2011

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Fabio Lanucara		DSW 1912 Darmstadt e.V.	04:26,27	506
	100m: 01:03,30 (01:03,30) 200m: 02:11,73 (01:08,43) 300m: 03:20,87 (01:09,14) 400m: 04:26,27 (01:05,40)				
2.	Pór Eli Gunnarsson		Sundfélag Hafnarfjarðar	04:43,70	418
	100m: 01:05,86 (01:05,86) 200m: 02:18,23 (01:12,37) 300m: 03:30,51 (01:12,28) 400m: 04:43,70 (01:13,19)				
3.	Julien Jörn		DSW 1912 Darmstadt e.V.	04:44,68	414
	100m: 01:08,78 (01:08,78) 200m: 02:22,10 (01:13,32) 300m: 03:35,59 (01:13,49) 400m: 04:44,68 (01:09,09)				
4.	Daniél Andriysson		Sundfélag Hafnarfjarðar	04:45,08	412
	100m: 01:08,51 (01:08,51) 200m: 02:20,67 (01:12,16) 300m: 03:32,85 (01:12,18) 400m: 04:45,08 (01:12,23)				
5.	Junes Emilian Franke		SV Delphin Wiesbaden e.V.	04:47,58	402
	100m: 01:07,49 (01:07,49) 200m: 02:21,54 (01:14,05) 300m: 03:35,38 (01:13,84) 400m: 04:47,58 (01:12,20)				
6.	Niklas Maack		SC Wiesbaden 1911	04:50,67	389
	100m: 01:08,07 (01:08,07) 200m: 02:23,26 (01:15,19) 300m: 03:37,16 (01:13,90) 400m: 04:50,67 (01:13,51)				
7.	Clemens Freyberg		SG Worms	04:51,32	386
	100m: 01:08,57 (01:08,57) 200m: 02:22,57 (01:14,00) 300m: 03:37,36 (01:14,79) 400m: 04:51,32 (01:13,96)				
8.	Samuel Nitschke		SG EWR Rheinhessen-Mainz	04:54,04	376
	100m: 01:07,46 (01:07,46) 200m: 02:23,58 (01:16,12) 300m: 03:39,33 (01:15,75) 400m: 04:54,04 (01:14,71)				
9.	Benjamin Bork		SG EWR Rheinhessen-Mainz	05:02,29	346
	100m: 01:10,64 (01:10,64) 200m: 02:27,70 (01:17,06) 300m: 03:45,80 (01:18,10) 400m: 05:02,29 (01:16,49)				



Wettkampf/Eventdaten unter: bingen.schwimm-service.de

Schwimm-Service



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noch Wettkampf/Event 36 - 400m Freistil/Freestyle m - nage libre g - freestyle m

noch Jahrgang 2011

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
10.	Anderson Saksa		Kaiserslauterer SK	05:05,45	335
	100m: 01:11,87 (01:11,87) 200m: 02:30,00 (01:18,13) 300m: 03:48,51 (01:18,51) 400m: 05:05,45 (01:16,94)				
11.	Maël Neiter		SC Wiesbaden 1911	05:07,44	329
	100m: 01:14,38 (01:14,38) 200m: 02:34,91 (01:20,53) 300m: 03:49,87 (01:14,96) 400m: 05:07,44 (01:17,57)				
12.	Constantin Darius Stark		SG EWR Rheinhessen-Mainz	05:50,20	222
	100m: 01:22,82 (01:22,82) 200m: 02:07,72 (00:44,90) 300m: 05:09,88 (03:02,16) 400m: 05:50,20 (00:40,32)				
13.	Ben Grabherr		SG EWR Rheinhessen-Mainz	05:57,50	209
	100m: 01:24,79 (01:24,79) 200m: 02:56,07 (01:31,28) 300m: 04:26,80 (01:30,73) 400m: 05:57,50 (01:30,70)				

Jahrgang 2010

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Jannes Mika Kämper		SC Wiesbaden 1911	04:23,51	522
	100m: 01:03,04 (01:03,04) 200m: 02:10,06 (01:07,02) 300m: 03:17,54 (01:07,48) 400m: 04:23,51 (01:05,97)				
2.	Noah Leibert		Kaiserslauterer SK	04:29,96	486
	100m: 01:03,32 (01:03,32) 200m: 02:11,63 (01:08,31) 300m: 03:21,33 (01:09,70) 400m: 04:29,96 (01:08,63)				
3.	Mika Köhler		Schwimm-Team Bingerbrück	04:37,81	445
	100m: 01:05,47 (01:05,47) 200m: 02:17,04 (01:11,57) 300m: 03:28,24 (01:11,20) 400m: 04:37,81 (01:09,57)				
4.	Johannes Titze		SG EWR Rheinhessen-Mainz	04:39,41	438
	100m: 01:04,75 (01:04,75) 200m: 02:17,22 (01:12,47) 300m: 03:29,63 (01:12,41) 400m: 04:39,41 (01:09,78)				
5.	Georgian Mocanu		SG Worms	04:43,64	419
	100m: 01:09,36 (01:09,36) 200m: 02:22,07 (01:12,71) 300m: 03:33,80 (01:11,73) 400m: 04:43,64 (01:09,84)				
6.	Nikita Ollek		SG Worms	04:55,60	370
	100m: 01:10,02 (01:10,02) 200m: 02:25,61 (01:15,59) 300m: 03:41,32 (01:15,71) 400m: 04:55,60 (01:14,28)				
7.	Phil Rademann		TV Wetzlar 1847	04:59,58	355
	100m: 01:07,54 (01:07,54) 200m: 02:22,91 (01:15,37) 300m: 03:41,01 (01:18,10) 400m: 04:59,58 (01:18,57)				
8.	Emil Ziener		Schwimm-Team Bingerbrück	05:12,86	312
	100m: 01:10,04 (01:10,04) 200m: 02:29,29 (01:19,25) 300m: 03:52,02 (01:22,73) 400m: 05:12,86 (01:20,84)				
9.	Erik Tolksdorf		SC Wiesbaden 1911	05:20,32	290
	100m: 01:11,86 (01:11,86) 200m: 02:33,26 (01:21,40) 300m: 03:57,16 (01:23,90) 400m: 05:20,32 (01:23,16)				
10.	Lucas Lynch		VfR Simmern	06:12,64	184
	100m: 01:21,80 (01:21,80) 200m: 02:59,39 (01:37,59) 300m: 04:37,07 (01:37,68) 400m: 06:12,64 (01:35,57)				

abgemeldet

Yahia Ghoneim

DSW 1912 Darmstadt e.V.

Jahrgang 2009

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Florentin Bensalah		SC Wiesbaden 1911	04:18,36	554
	100m: 01:00,39 (01:00,39) 200m: 02:05,39 (01:05,00) 300m: 03:12,26 (01:06,87) 400m: 04:18,36 (01:06,10)				
2.	Julian Santino Bleek		SC Wiesbaden 1911	04:19,51	547
	100m: 01:03,03 (01:03,03) 200m: 02:09,11 (01:06,08) 300m: 03:15,76 (01:06,65) 400m: 04:19,51 (01:03,75)				
3.	Hannes Schultetus		SC Wiesbaden 1911	04:21,66	533
	100m: 01:02,88 (01:02,88) 200m: 02:09,03 (01:06,15) 300m: 03:16,16 (01:07,13) 400m: 04:21,66 (01:05,50)				
4.	Luis Pflug		SG Worms	04:30,51	483
	100m: 01:04,10 (01:04,10) 200m: 02:12,07 (01:07,97) 300m: 03:20,73 (01:08,66) 400m: 04:30,51 (01:09,78)				
5.	David Fritz		SC Wiesbaden 1911	04:33,16	469
	100m: 01:04,14 (01:04,14) 200m: 02:12,49 (01:08,35) 300m: 03:22,24 (01:09,75) 400m: 04:33,16 (01:10,92)				
6.	Maxim Stuckert		Schwimm-Team Bingerbrück	04:42,70	423
	100m: 01:06,57 (01:06,57) 200m: 02:18,13 (01:11,56) 300m: 03:30,67 (01:12,54) 400m: 04:42,70 (01:12,03)				

abgemeldet

Sokrates Frutos Tzouvaras

DSW 1912 Darmstadt e.V.



Wettkampf/Eventdaten unter: bingen.schwimm-service.de



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noch Wettkampf/Event 36 - 400m Freistil/Freestyle m - nage libre g - freestyle m

Jahrgang 2008

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Til Schwaller		SG Worms	04:35,78	455
	100m: 01:05,45 (01:05,45) 200m: 02:15,11 (01:09,66) 300m: 03:25,92 (01:10,81) 400m: 04:35,78 (01:09,86)				
2.	Theodor Heuberger		DSW 1912 Darmstadt e.V.	04:36,10	454
	100m: 01:05,56 (01:05,56) 200m: 02:16,13 (01:10,57) 300m: 03:27,00 (01:10,87) 400m: 04:36,10 (01:09,10)				
3.	Jonas Hackert		Schwimm-Team Bingerbrück	04:39,76	436
	100m: 01:05,14 (01:05,14) 200m: 02:16,06 (01:10,92) 300m: 03:28,36 (01:12,30) 400m: 04:39,76 (01:11,40)				
4.	Paul Funke		SC Wiesbaden 1911	04:40,88	431
	100m: 01:06,21 (01:06,21) 200m: 02:18,27 (01:12,06) 300m: 03:30,30 (01:12,03) 400m: 04:40,88 (01:10,58)				
5.	Philipp Wrzesniewski		TV Wetzlar 1847	04:43,28	420
	100m: 01:04,06 (01:04,06) 200m: 02:16,40 (01:12,34) 300m: 03:30,91 (01:14,51) 400m: 04:43,28 (01:12,37)				

Jahrgang 2007 und älter

Platz	Teilnehmer/athlete(in)	Jg.	Verein	Endzeit	WA
1.	Diego Alfons Heinze		SC Wiesbaden 1911	03:55,86	728
	100m: 00:56,53 (00:56,53) 200m: 01:55,62 (00:59,09) 300m: 02:55,88 (01:00,26) 400m: 03:55,86 (00:59,98)				
2.	Frederic Bensalah		SC Wiesbaden 1911	04:05,78	644
	100m: 00:58,09 (00:58,09) 200m: 02:00,91 (01:02,82) 300m: 03:04,55 (01:03,64) 400m: 04:05,78 (01:01,23)				
3.	Mike Weyrich		Kaiserslauterer SK	04:14,45	580
	100m: 01:01,07 (01:01,07) 200m: 02:05,03 (01:03,96) 300m: 03:09,92 (01:04,89) 400m: 04:14,45 (01:04,53)				
4.	Alexander Eichler		SC Wiesbaden 1911	04:19,36	548
	100m: 01:01,73 (01:01,73) 200m: 02:07,54 (01:05,81) 300m: 03:13,76 (01:06,22) 400m: 04:19,36 (01:05,60)				
5.	Hendrik Link		SFD Schwimmsport-Fulda.e.V.	04:22,34	529
	100m: 01:00,90 (01:00,90) 200m: 02:06,24 (01:05,34) 300m: 03:13,73 (01:07,49) 400m: 04:22,34 (01:08,61)				



Wettkampf/Eventdaten unter: bingen.schwimm-service.de

