

**Abschnitt 1 - Freitag 03.11.2023**Einlass: 15:30 Uhr | Einschwimmen: 15:30 Uhr | Kampfrichtersitzung: 15:45 Uhr  
Beginn: 16:30 Uhr**Kampfgericht Abschnitt 1**

Position	Name	Verein
Schiedsrichter	Domink Plamper	HSV
Schiedsrichter	Rene Zimmerling	HSV
Starter	Ingo Zacharias	HSV
Starter	Stefan Langanke	HSV
Schwimmrichter 1	Susan Markutzik	Hofheimer SC
Schwimmrichter 2	Anja Strohaln	Erster Frankfurter SC
Sprecher 1	Verena Kranz	HSV
Auswerter 1	Tobias Rohrbach	HSV
Auswerter 2	Manuel Martin	HSV
Protokollführer	Benjamin Mühlbauer	SCW Eschborn
Zeitmessung	Julian Martin	SCW Eschborn

## Zielgericht

Position	Name	Verein
Zielrichterobmann	Antje Mertig	Hofheimer SC
Zielrichter 1	Stephanie Mühlbauer	SCW Eschborn
Zielrichter 2	Andrea Vieten	DSW 1912 Darmstadt e.V.
Zielrichter 3	Andreas Burk	DSW 1912 Darmstadt e.V.
Zielrichter 4	Katharina Wrzesniewsky	TV Wetzlar 1847
Zielrichter 5	Henning Schultetus	SC Wiesbaden

## Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Alexander Heise	SC Wiesbaden
Zeitnehmer Bahn 1	Oliver Bachmann	SG Frankfurt
Zeitnehmer Bahn 2	Valerie Immisch	SCW Eschborn
Zeitnehmer Bahn 3	Christoph Eichler	SC Wiesbaden
Zeitnehmer Bahn 4	Michael Heinze	SC Wiesbaden
Zeitnehmer Bahn 5	Markus Nirschl	SCW Eschborn
Zeitnehmer Bahn 6	Sandra Chantzaros	SG Frankfurt

## Wendegericht

Position	Name	Verein
Wenderichter Obmann	Friederike Theissen	SG Frankfurt
Wenderichter 1	Stefan Klotz	Hofheimer SC
Wenderichter 2	Stefan Klotz	Hofheimer SC
Wenderichter 3	Mareike Behr	DSW 1912 Darmstadt e.V.
Wenderichter 4	Mareike Behr	DSW 1912 Darmstadt e.V.
Wenderichter 5	Michael Stark	TV Wetzlar 1847
Wenderichter 6	Michael Stark	TV Wetzlar 1847



**Wettkampffolge für Abschnitt 1**

Wettkampf 1 - 400m Lagen weiblich

Wettkampf 2 - 400m Lagen männlich

Wettkampf 3 - 800m Freistil weiblich

Wettkampf 4 - 1500m Freistil männlich

**Wettkampf 1 - 400m Lagen weiblich**

Pflichtzeiten

2012: 06:35,00 2011: 06:01,00 2010: 05:41,00 2009 und älter: 05:38,00

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2023					
	Juliana Jackisch	2012	SG Frankfurt	05:58,52	376
	50m: 00:34,27 (00:34,27)   100m: 01:20,13 (00:45,86)   150m: 02:05,53 (00:45,40)   200m: 02:50,28 (00:44,75) 250m: 03:43,73 (00:53,45)   300m: 04:38,44 (00:54,71)   350m: 05:19,73 (00:41,29)   400m: 05:58,52 (00:38,79)				
2.	Neele Feline Schwebel	2012	SG Frankfurt	05:59,85	372
	50m: 00:37,23 (00:37,23)   100m: 01:25,29 (00:48,06)   150m: 02:10,72 (00:45,43)   200m: 02:54,69 (00:43,97) 250m: 03:47,69 (00:53,00)   300m: 04:40,06 (00:52,37)   350m: 05:21,05 (00:40,99)   400m: 05:59,85 (00:38,80)				
3.	Marlene Contzen	2012	Hofheimer SC	06:01,50	367
	50m: 00:39,03 (00:39,03)   100m: 01:26,42 (00:47,39)   150m: 02:11,51 (00:45,09)   200m: 02:58,36 (00:46,85) 250m: 03:52,22 (00:53,86)   300m: 04:42,97 (00:50,75)   350m: 05:23,36 (00:40,39)   400m: 06:01,50 (00:38,14)				
4.	Lea Kliem	2012	Hofheimer SC	06:04,06	359
	50m: 00:41,35 (00:41,35)   100m: 01:32,19 (00:50,84)   150m: 02:18,17 (00:45,98)   200m: 03:02,72 (00:44,55) 250m: 03:53,44 (00:50,72)   300m: 04:46,56 (00:53,12)   350m: 05:27,36 (00:40,80)   400m: 06:04,06 (00:36,70)				
5.	Nele Solveij Kämper	2012	Hofheimer SC	06:08,71	346
	50m: 00:42,97 (00:42,97)   100m: 01:38,98 (00:56,01)   150m: 02:23,10 (00:44,12)   200m: 03:07,20 (00:44,10) 250m: 03:57,62 (00:50,42)   300m: 04:49,35 (00:51,73)   350m: 05:29,81 (00:40,46)   400m: 06:08,71 (00:38,90)				
6.	Frida Zeisberger	2012	Hofheimer SC	06:19,74	317
	50m: 00:38,29 (00:38,29)   100m: 01:27,32 (00:49,03)   150m: 02:18,94 (00:51,62)   200m: 03:08,85 (00:49,91) 250m: 03:58,78 (00:49,93)   300m: 04:51,73 (00:52,95)   350m: 05:38,55 (00:46,82)   400m: 06:19,74 (00:41,19)				
7.	Lisa Gonzalez Bittner	2012	Aqua Sports Eschborn	06:29,19	294
	50m: 00:36,81 (00:36,81)   100m: 01:22,95 (00:46,14)   150m: 02:13,73 (00:50,78)   200m: 03:04,36 (00:50,63) 250m: 04:03,07 (00:58,71)   300m: 05:00,40 (00:57,33)   350m: 05:45,68 (00:45,28)   400m: 06:29,19 (00:43,51)				
8.	Ida Roth	2012	SCW Eschborn	06:29,56	293
	50m: 00:41,21 (00:41,21)   100m: 01:31,81 (00:50,60)   150m: 02:23,93 (00:52,12)   200m: 03:15,61 (00:51,68) 250m: 04:09,23 (00:53,62)   300m: 05:03,46 (00:54,23)   350m: 05:48,64 (00:45,18)   400m: 06:29,56 (00:40,92)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2023					
	Julia Franziska Kaul	2011	SG Frankfurt	05:21,62	521
	50m: 00:33,66 (00:33,66)   100m: 01:14,96 (00:41,30)   150m: 01:56,56 (00:41,60)   200m: 02:35,64 (00:39,08) 250m: 03:23,73 (00:48,09)   300m: 04:11,77 (00:48,04)   350m: 04:48,10 (00:36,33)   400m: 05:21,62 (00:33,52)				
2.	Hanna Marie Mertig	2011	Hofheimer SC	05:22,50	517
	50m: 00:35,52 (00:35,52)   100m: 01:16,95 (00:41,43)   150m: 01:58,96 (00:42,01)   200m: 02:39,53 (00:40,57) 250m: 03:24,63 (00:45,10)   300m: 04:10,16 (00:45,53)   350m: 04:47,33 (00:37,17)   400m: 05:22,50 (00:35,17)				
3.	Mila Kleinert	2011	DSW 1912 Darmstadt e.V.	05:32,07	474
	50m: 00:36,08 (00:36,08)   100m: 01:19,79 (00:43,71)   150m: 02:02,90 (00:43,11)   200m: 02:44,28 (00:41,38) 250m: 03:29,25 (00:44,97)   300m: 04:14,95 (00:45,70)   350m: 04:54,28 (00:39,33)   400m: 05:32,07 (00:37,79)				
4.	Garam Kim	2011	Hofheimer SC	05:40,94	438
	50m: 00:36,82 (00:36,82)   100m: 01:17,46 (00:40,64)   150m: 02:00,96 (00:43,50)   200m: 02:43,21 (00:42,25) 250m: 03:32,05 (00:48,84)   300m: 04:21,44 (00:49,39)   350m: 05:02,65 (00:41,21)   400m: 05:40,94 (00:38,29)				
5.	Neele Ilkenhans	2011	SG Frankfurt	05:40,96	438
	50m: 00:33,19 (00:33,19)   100m: 01:15,86 (00:42,67)   150m: 02:00,78 (00:44,92)   200m: 02:46,01 (00:45,23) 250m: 03:33,49 (00:47,48)   300m: 04:23,86 (00:50,37)   350m: 05:03,74 (00:39,88)   400m: 05:40,96 (00:37,22)				



**noch Wettkampf 1 - 400m Lagen weiblich**

noch Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Laura Carolin Geiß	2011	SG Frankfurt	05:41,06	437
	50m: 00:36,44 (00:36,44)   100m: 01:19,65 (00:43,21)   150m: 02:04,16 (00:44,51)   200m: 02:46,05 (00:41,89) 250m: 03:34,67 (00:48,62)   300m: 04:25,37 (00:50,70)   350m: 05:04,34 (00:38,97)   400m: 05:41,06 (00:36,72)				
7.	Johanna Debusmann	2011	Bad Homburger SC	05:44,02	426
	50m: 00:36,42 (00:36,42)   100m: 01:19,40 (00:42,98)   150m: 02:04,05 (00:44,65)   200m: 02:47,56 (00:43,51) 250m: 03:36,94 (00:49,38)   300m: 04:26,77 (00:49,83)   350m: 05:06,09 (00:39,32)   400m: 05:44,02 (00:37,93)				
8.	Flora Reimertz	2011	Hofheimer SC	05:49,47	406
	50m: 00:38,89 (00:38,89)   100m: 01:23,85 (00:44,96)   150m: 02:06,34 (00:42,49)   200m: 02:49,11 (00:42,77) 250m: 03:40,23 (00:51,12)   300m: 04:31,45 (00:51,22)   350m: 05:10,50 (00:39,05)   400m: 05:49,47 (00:38,97)				

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangmeisterin 2023					
	Lia Sophie Körner	2010	SG Frankfurt	05:09,18	587
	50m: 00:32,40 (00:32,40)   100m: 01:09,34 (00:36,94)   150m: 01:48,61 (00:39,27)   200m: 02:26,86 (00:38,25) 250m: 03:12,04 (00:45,18)   300m: 03:57,94 (00:45,90)   350m: 04:34,60 (00:36,66)   400m: 05:09,18 (00:34,58)				
2.	Marie Topuzovic	2010	Hofheimer SC	05:14,94	555
	50m: 00:33,62 (00:33,62)   100m: 01:12,97 (00:39,35)   150m: 01:54,01 (00:41,04)   200m: 02:35,34 (00:41,33) 250m: 03:18,74 (00:43,40)   300m: 04:02,85 (00:44,11)   350m: 04:40,14 (00:37,29)   400m: 05:14,94 (00:34,80)				
3.	Laila Kiesel	2010	SCW Eschborn	05:25,63	502
	50m: 00:33,95 (00:33,95)   100m: 01:14,27 (00:40,32)   150m: 01:58,48 (00:44,21)   200m: 02:40,50 (00:42,02) 250m: 03:23,74 (00:43,24)   300m: 04:08,00 (00:44,26)   350m: 04:47,71 (00:39,71)   400m: 05:25,63 (00:37,92)				
4.	Lisa Schader	2010	DSW 1912 Darmstadt e.V.	05:26,63	498
	50m: 00:34,55 (00:34,55)   100m: 01:13,62 (00:39,07)   150m: 01:55,71 (00:42,09)   200m: 02:35,84 (00:40,13) 250m: 03:24,27 (00:48,43)   300m: 04:12,05 (00:47,78)   350m: 04:50,02 (00:37,97)   400m: 05:26,63 (00:36,61)				
5.	Helen Büscher	2010	Hofheimer SC	05:28,82	488
	50m: 00:36,39 (00:36,39)   100m: 01:18,17 (00:41,78)   150m: 01:59,34 (00:41,17)   200m: 02:41,47 (00:42,13) 250m: 03:27,79 (00:46,32)   300m: 04:14,27 (00:46,48)   350m: 04:51,60 (00:37,33)   400m: 05:28,82 (00:37,22)				
6.	Siri Knecht	2010	Hofheimer SC	05:31,83	475
	50m: 00:34,86 (00:34,86)   100m: 01:17,24 (00:42,38)   150m: 01:59,43 (00:42,19)   200m: 02:41,27 (00:41,84) 250m: 03:27,60 (00:46,33)   300m: 04:14,84 (00:47,24)   350m: 04:54,54 (00:39,70)   400m: 05:31,83 (00:37,29)				
7.	Marie Trostmann	2010	SV Delphin Wiesbaden e.V.	05:37,70	450
	50m: 00:39,57 (00:39,57)   100m: 01:24,93 (00:45,36)   150m: 02:08,04 (00:43,11)   200m: 02:48,80 (00:40,76) 250m: 03:36,80 (00:48,00)   300m: 04:24,46 (00:47,66)   350m: 05:01,86 (00:37,40)   400m: 05:37,70 (00:35,84)				

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangmeisterin 2023					
	Inessa Kelberer	2009	SC Wasserfreunde Fulda e.V.	05:16,72	546
	50m: 00:34,20 (00:34,20)   100m: 01:13,66 (00:39,46)   150m: 01:53,24 (00:39,58)   200m: 02:32,56 (00:39,32) 250m: 03:19,91 (00:47,35)   300m: 04:06,67 (00:46,76)   350m: 04:42,55 (00:35,88)   400m: 05:16,72 (00:34,17)				
2.	Marlene Tecklenburg	2009	SC Wiesbaden	05:21,33	523
	50m: 00:33,17 (00:33,17)   100m: 01:12,34 (00:39,17)   150m: 01:54,42 (00:42,08)   200m: 02:34,41 (00:39,99) 250m: 03:21,07 (00:46,66)   300m: 04:08,67 (00:47,60)   350m: 04:45,90 (00:37,23)   400m: 05:21,33 (00:35,43)				
3.	Nele Michalk	2009	SG Frankfurt	05:31,27	477
	50m: 00:34,28 (00:34,28)   100m: 01:16,24 (00:41,96)   150m: 02:00,39 (00:44,15)   200m: 02:43,86 (00:43,47) 250m: 03:29,14 (00:45,28)   300m: 04:14,85 (00:45,71)   350m: 04:54,19 (00:39,34)   400m: 05:31,27 (00:37,08)				

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangmeisterin 2023					
	Hannah Schneider	2008	Hofheimer SC	04:56,20	668
	50m: 00:31,30 (00:31,30)   100m: 01:06,65 (00:35,35)   150m: 01:46,50 (00:39,85)   200m: 02:25,12 (00:38,62) 250m: 03:05,58 (00:40,46)   300m: 03:47,24 (00:41,66)   350m: 04:22,33 (00:35,09)   400m: 04:56,20 (00:33,87)				



**noch Wettkampf 1 - 400m Lagen weiblich**

noch Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
2.	Anna Theissen	2008	SG Frankfurt	05:13,99	560
	50m: 00:32,46 (00:32,46)   100m: 01:09,56 (00:37,10)   150m: 01:50,18 (00:40,62)   200m: 02:29,69 (00:39,51)   250m: 03:14,54 (00:44,85)   300m: 04:01,11 (00:46,57)   350m: 04:38,36 (00:37,25)   400m: 05:13,99 (00:35,63)				
3.	Synthia-Lia Chantzaras	2008	SG Frankfurt	05:21,25	523
	50m: 00:32,44 (00:32,44)   100m: 01:09,99 (00:37,55)   150m: 01:51,53 (00:41,54)   200m: 02:33,10 (00:41,57)   250m: 03:19,78 (00:46,68)   300m: 04:08,87 (00:49,09)   350m: 04:45,51 (00:36,64)   400m: 05:21,25 (00:35,74)				
	<u>abgemeldet</u>				
	Lara Olson	2008	SG Frankfurt		EnM

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2023					
	Marie Strohalm	2007	SG Frankfurt	04:57,65	658
	50m: 00:32,17 (00:32,17)   100m: 01:09,13 (00:36,96)   150m: 01:47,38 (00:38,25)   200m: 02:23,84 (00:36,46)   250m: 03:05,67 (00:41,83)   300m: 03:49,27 (00:43,60)   350m: 04:24,14 (00:34,87)   400m: 04:57,65 (00:33,51)				
2.	Marlene Lehmann	2007	Bad Homburger SC	05:26,66	498
	50m: 00:33,48 (00:33,48)   100m: 01:14,34 (00:40,86)   150m: 01:57,12 (00:42,78)   200m: 02:37,87 (00:40,75)   250m: 03:24,31 (00:46,44)   300m: 04:12,54 (00:48,23)   350m: 04:51,31 (00:38,77)   400m: 05:26,66 (00:35,35)				
3.	Rosa Nirschl	2007	SCW Eschborn	05:46,25	418
	50m: 00:36,82 (00:36,82)   100m: 01:20,39 (00:43,57)   150m: 02:03,45 (00:43,06)   200m: 02:45,66 (00:42,21)   250m: 03:35,13 (00:49,47)   300m: 04:25,93 (00:50,80)   350m: 05:06,82 (00:40,89)   400m: 05:46,25 (00:39,43)				

Jahrgang 2006

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2023					
	Lilia-Marie Bensalah	2006	SC Wiesbaden	05:19,56	532
	50m: 00:33,58 (00:33,58)   100m: 01:12,51 (00:38,93)   150m: 01:54,14 (00:41,63)   200m: 02:35,32 (00:41,18)   250m: 03:22,29 (00:46,97)   300m: 04:09,32 (00:47,03)   350m: 04:45,61 (00:36,29)   400m: 05:19,56 (00:33,95)				
2.	Theresa Braunberger	2006	SC Wiesbaden	05:30,98	478
	50m: 00:33,56 (00:33,56)   100m: 01:12,04 (00:38,48)   150m: 01:56,89 (00:44,85)   200m: 02:41,55 (00:44,66)   250m: 03:26,20 (00:44,65)   300m: 04:13,03 (00:46,83)   350m: 04:53,27 (00:40,24)   400m: 05:30,98 (00:37,71)				
3.	Franziska Gördes	2006	SCW Eschborn	05:46,64	416
	50m: 00:36,83 (00:36,83)   100m: 01:20,80 (00:43,97)   150m: 02:07,84 (00:47,04)   200m: 02:52,09 (00:44,25)   250m: 03:38,10 (00:46,01)   300m: 04:24,74 (00:46,64)   350m: 05:06,70 (00:41,96)   400m: 05:46,64 (00:39,94)				

Juniorinnen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Juniorenmeisterin 2023					
	Yvonne Prehn	2005	SC Wiesbaden	04:54,82	677
	50m: 00:31,42 (00:31,42)   100m: 01:07,44 (00:36,02)   150m: 01:44,95 (00:37,51)   200m: 02:23,17 (00:38,22)   250m: 03:05,11 (00:41,94)   300m: 03:48,06 (00:42,95)   350m: 04:22,07 (00:34,01)   400m: 04:54,82 (00:32,75)				
2.	Lavinia Haber	2005	SCW Eschborn	05:20,38	527
	50m: 00:32,48 (00:32,48)   100m: 01:10,02 (00:37,54)   150m: 01:50,82 (00:40,80)   200m: 02:31,88 (00:41,06)   250m: 03:18,70 (00:46,82)   300m: 04:07,12 (00:48,42)   350m: 04:45,01 (00:37,89)   400m: 05:20,38 (00:35,37)				

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Meisterin 2023					
	Yvonne Prehn	2005	SC Wiesbaden	04:54,82	677
	50m: 00:31,42 (00:31,42)   100m: 01:07,44 (00:36,02)   150m: 01:44,95 (00:37,51)   200m: 02:23,17 (00:38,22)   250m: 03:05,11 (00:41,94)   300m: 03:48,06 (00:42,95)   350m: 04:22,07 (00:34,01)   400m: 04:54,82 (00:32,75)				



**noch Wettkampf 1 - 400m Lagen weiblich**

noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
2.	Hannah Schneider 50m: 00:31,30 (00:31,30)   100m: 01:06,65 (00:35,35)   150m: 01:46,50 (00:39,85)   200m: 02:25,12 (00:38,62) 250m: 03:05,58 (00:40,46)   300m: 03:47,24 (00:41,66)   350m: 04:22,33 (00:35,09)   400m: 04:56,20 (00:33,87)	2008	Hofheimer SC	04:56,20	668
3.	Marie Strohalm 50m: 00:32,17 (00:32,17)   100m: 01:09,13 (00:36,96)   150m: 01:47,38 (00:38,25)   200m: 02:23,84 (00:36,46) 250m: 03:05,67 (00:41,83)   300m: 03:49,27 (00:43,60)   350m: 04:24,14 (00:34,87)   400m: 04:57,65 (00:33,51)	2007	SG Frankfurt	04:57,65	658
4.	Lia Sophie Körner 50m: 00:32,40 (00:32,40)   100m: 01:09,34 (00:36,94)   150m: 01:48,61 (00:39,27)   200m: 02:26,86 (00:38,25) 250m: 03:12,04 (00:45,18)   300m: 03:57,94 (00:45,90)   350m: 04:34,60 (00:36,66)   400m: 05:09,18 (00:34,58)	2010	SG Frankfurt	05:09,18	587
5.	Anna Theissen 50m: 00:32,46 (00:32,46)   100m: 01:09,56 (00:37,10)   150m: 01:50,18 (00:40,62)   200m: 02:29,69 (00:39,51) 250m: 03:14,54 (00:44,85)   300m: 04:01,11 (00:46,57)   350m: 04:38,36 (00:37,25)   400m: 05:13,99 (00:35,63)	2008	SG Frankfurt	05:13,99	560
6.	Marie Topuzovic 50m: 00:33,62 (00:33,62)   100m: 01:12,97 (00:39,35)   150m: 01:54,01 (00:41,04)   200m: 02:35,34 (00:41,33) 250m: 03:18,74 (00:43,40)   300m: 04:02,85 (00:44,11)   350m: 04:40,14 (00:37,29)   400m: 05:14,94 (00:34,80)	2010	Hofheimer SC	05:14,94	555
7.	Inessa Kelberer 50m: 00:34,20 (00:34,20)   100m: 01:13,66 (00:39,46)   150m: 01:53,24 (00:39,58)   200m: 02:32,56 (00:39,32) 250m: 03:19,91 (00:47,35)   300m: 04:06,67 (00:46,76)   350m: 04:42,55 (00:35,88)   400m: 05:16,72 (00:34,17)	2009	SC Wasserfreunde Fulda e.V.	05:16,72	546
8.	Lilia-Marie Bensalah 50m: 00:33,58 (00:33,58)   100m: 01:12,51 (00:38,93)   150m: 01:54,14 (00:41,63)   200m: 02:35,32 (00:41,18) 250m: 03:22,29 (00:46,97)   300m: 04:09,32 (00:47,03)   350m: 04:45,61 (00:36,29)   400m: 05:19,56 (00:33,95)	2006	SC Wiesbaden	05:19,56	532
9.	Lavinia Haber 50m: 00:32,48 (00:32,48)   100m: 01:10,02 (00:37,54)   150m: 01:50,82 (00:40,80)   200m: 02:31,88 (00:41,06) 250m: 03:18,70 (00:46,82)   300m: 04:07,12 (00:48,42)   350m: 04:45,01 (00:37,89)   400m: 05:20,38 (00:35,37)	2005	SCW Eschborn	05:20,38	527
10.	Synthia-Lia Chantzaras 50m: 00:32,44 (00:32,44)   100m: 01:09,99 (00:37,55)   150m: 01:51,53 (00:41,54)   200m: 02:33,10 (00:41,57) 250m: 03:19,78 (00:46,68)   300m: 04:08,87 (00:49,09)   350m: 04:45,51 (00:36,64)   400m: 05:21,25 (00:35,74)	2008	SG Frankfurt	05:21,25	523
11.	Marlene Tecklenburg 50m: 00:33,17 (00:33,17)   100m: 01:12,34 (00:39,17)   150m: 01:54,42 (00:42,08)   200m: 02:34,41 (00:39,99) 250m: 03:21,07 (00:46,66)   300m: 04:08,67 (00:47,60)   350m: 04:45,90 (00:37,23)   400m: 05:21,33 (00:35,43)	2009	SC Wiesbaden	05:21,33	523
12.	Julia Franziska Kaul 50m: 00:33,66 (00:33,66)   100m: 01:14,96 (00:41,30)   150m: 01:56,56 (00:41,60)   200m: 02:35,64 (00:39,08) 250m: 03:23,73 (00:48,09)   300m: 04:11,77 (00:48,04)   350m: 04:48,10 (00:36,33)   400m: 05:21,62 (00:33,52)	2011	SG Frankfurt	05:21,62	521
13.	Hanna Marie Mertig 50m: 00:35,52 (00:35,52)   100m: 01:16,95 (00:41,43)   150m: 01:58,96 (00:42,01)   200m: 02:39,53 (00:40,57) 250m: 03:24,63 (00:45,10)   300m: 04:10,16 (00:45,53)   350m: 04:47,33 (00:37,17)   400m: 05:22,50 (00:35,17)	2011	Hofheimer SC	05:22,50	517
14.	Laila Kiesel 50m: 00:33,95 (00:33,95)   100m: 01:14,27 (00:40,32)   150m: 01:58,48 (00:44,21)   200m: 02:40,50 (00:42,02) 250m: 03:23,74 (00:43,24)   300m: 04:08,00 (00:44,26)   350m: 04:47,71 (00:39,71)   400m: 05:25,63 (00:37,92)	2010	SCW Eschborn	05:25,63	502
15.	Lisa Schader 50m: 00:34,55 (00:34,55)   100m: 01:13,62 (00:39,07)   150m: 01:55,71 (00:42,09)   200m: 02:35,84 (00:40,13) 250m: 03:24,27 (00:48,43)   300m: 04:12,05 (00:47,78)   350m: 04:50,02 (00:37,97)   400m: 05:26,63 (00:36,61)	2010	DSW 1912 Darmstadt e.V.	05:26,63	498

