

Wettkampf 13 - 400m Freistil weiblich

Pflichtzeiten

2015: 06:10,00 2014: 05:45,00 2013: 05:30,00 2012: 05:07,00 2011: 05:00,00 2010: 04:57,00 2009: 04:54,00 2008: 04:51,00 2006 bis 2007: 04:49,00 2005 und älter: 04:47,00

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2025					
	Olivia Lang	2015	Bad Homburger SC	05:36,58	320
	100m: 01:18,00 (01:18,00) 200m: 02:44,75 (01:26,75) 300m: 04:11,88 (01:27,13) 400m: 05:36,58 (01:24,70)				
2.	Smilla Engelbrecht	2015	Hofheimer SC	05:42,13	304
	100m: 01:19,68 (01:19,68) 200m: 02:48,33 (01:28,65) 300m: 04:17,60 (01:29,27) 400m: 05:42,13 (01:24,53)				
3.	Jana Nagel	2015	Hofheimer SC	05:56,80	268
	100m: 01:24,38 (01:24,38) 200m: 02:57,10 (01:32,72) 300m: 04:28,17 (01:31,07) 400m: 05:56,80 (01:28,63)				

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2025					
	Eva Savostikova	2014	SG Wetterau	05:22,40	364
	100m: 01:16,79 (01:16,79) 200m: 02:40,93 (01:24,14) 300m: 04:04,90 (01:23,97) 400m: 05:22,40 (01:17,50)				
2.	Lina Klingebiel	2014	SV Neptun Rotenburg	05:24,80	356
	100m: 01:17,39 (01:17,39) 200m: 02:40,93 (01:23,54) 300m: 04:04,05 (01:23,12) 400m: 05:24,80 (01:20,75)				
3.	Maria Menge	2014	SC Oberursel 1958	05:25,12	355
	100m: 01:17,96 (01:17,96) 200m: 02:41,80 (01:23,84) 300m: 04:05,29 (01:23,49) 400m: 05:25,12 (01:19,83)				
4.	Greta Antonia Bergmann	2014	SFD Schwimmsport-Fulda e.V.	05:35,10	324
	100m: 01:18,40 (01:18,40) 200m: 02:44,46 (01:26,06) 300m: 04:11,26 (01:26,80) 400m: 05:35,10 (01:23,84)				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2025					
	Emma Titus	2013	SC Wiesbaden 1911	04:50,89	495
	100m: 01:10,68 (01:10,68) 200m: 02:24,57 (01:13,89) 300m: 03:38,88 (01:14,31) 400m: 04:50,89 (01:12,01)				
2.	Allison Byron	2013	Hofheimer SC	04:55,58	472
	100m: 01:09,06 (01:09,06) 200m: 02:24,52 (01:15,46) 300m: 03:40,94 (01:16,42) 400m: 04:55,58 (01:14,64)				
3.	Laura Yiyi Tan	2013	Hofheimer SC	04:56,84	466
	100m: 01:11,10 (01:11,10) 200m: 02:27,05 (01:15,95) 300m: 03:43,33 (01:16,28) 400m: 04:56,84 (01:13,51)				
4.	Emma-Carlotta Hohmann	2013	SC Wasserfreunde Fulda e.V.	05:04,76	431
	100m: 01:10,42 (01:10,42) 200m: 02:26,69 (01:16,27) 300m: 03:44,26 (01:17,57) 400m: 05:04,76 (01:20,50)				
5.	Miia Bartash	2013	DSW 1912 Darmstadt e.V.	05:05,44	428
	100m: 01:11,08 (01:11,08) 200m: 02:28,20 (01:17,12) 300m: 03:47,81 (01:19,61) 400m: 05:05,44 (01:17,63)				
6.	Finja Bartels	2013	SG Wetterau	05:07,29	420
	100m: 01:12,06 (01:12,06) 200m: 02:30,12 (01:18,06) 300m: 03:49,49 (01:19,37) 400m: 05:07,29 (01:17,80)				
7.	Alicia Reispich	2013	SC Wasserfreunde Fulda e.V.	05:07,79	418
	100m: 01:11,88 (01:11,88) 200m: 02:29,18 (01:17,30) 300m: 03:48,62 (01:19,44) 400m: 05:07,79 (01:19,17)				
8.	Hannah Schappert	2013	Hofheimer SC	05:09,89	410
	100m: 01:12,98 (01:12,98) 200m: 02:32,13 (01:19,15) 300m: 03:51,87 (01:19,74) 400m: 05:09,89 (01:18,02)				
9.	Lisa Schwartmann	2013	DSW 1912 Darmstadt e.V.	05:10,03	409
	100m: 01:12,94 (01:12,94) 200m: 02:31,21 (01:18,27) 300m: 03:50,75 (01:19,54) 400m: 05:10,03 (01:19,28)				
10.	Mara Knuth	2013	SC Wiesbaden 1911	05:15,64	388
	100m: 01:14,48 (01:14,48) 200m: 02:34,32 (01:19,84) 300m: 03:55,51 (01:21,19) 400m: 05:15,64 (01:20,13)				
11.	Emma Sophie Jestädt	2013	DSW 1912 Darmstadt e.V.	05:16,30	385
	100m: 01:14,03 (01:14,03) 200m: 02:36,72 (01:22,69) 300m: 03:58,93 (01:22,21) 400m: 05:16,30 (01:17,37)				
12.	Juliane Fertig	2013	SC Wiesbaden 1911	05:16,42	385
	100m: 01:17,18 (01:17,18) 200m: 02:38,62 (01:21,44) 300m: 03:58,74 (01:20,12) 400m: 05:16,42 (01:17,68)				
13.	Mila Schläwe	2013	TSG Darmstadt	05:20,76	369
	100m: 01:14,87 (01:14,87) 200m: 02:37,60 (01:22,73) 300m: 04:00,80 (01:23,20) 400m: 05:20,76 (01:19,96)				
14.	Irma Weiß	2013	SC Wiesbaden 1911	05:27,25	348
	100m: 01:19,26 (01:19,26) 200m: 02:42,65 (01:23,39) 300m: 04:05,40 (01:22,75) 400m: 05:27,25 (01:21,85)				

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noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
15.	Anna Löwen	2013	SG ACT/Baunatal	05:30,05	339	EnM
	100m: 01:18,66 (01:18,66) 200m: 02:42,93 (01:24,27) 300m: 04:06,11 (01:23,18) 400m: 05:30,05 (01:23,94)					
16.	Emma Proft	2013	DSW 1912 Darmstadt e.V.	05:32,36	332	EnM
	100m: 01:18,00 (01:18,00) 200m: 02:42,01 (01:24,01) 300m: 04:07,57 (01:25,56) 400m: 05:32,36 (01:24,79)					
17.	Luca Anna Zink	2013	VfL 1860 Marburg	05:42,41	304	EnM
	100m: 01:18,00 (01:18,00) 200m: 02:44,87 (01:26,87) 300m: 04:13,46 (01:28,59) 400m: 05:42,41 (01:28,95)					

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Hessische Jahrgangsmeisterin 2025						
	Amelie Rühl	2012	SG Frankfurt	04:31,93	607	
	100m: 01:05,93 (01:05,93) 200m: 02:15,25 (01:09,32) 300m: 03:24,87 (01:09,62) 400m: 04:31,93 (01:07,06)					
2.	Luna Marie Straßheim	2012	SG Frankfurt	04:39,67	558	
	100m: 01:06,41 (01:06,41) 200m: 02:16,56 (01:10,15) 300m: 03:28,46 (01:11,90) 400m: 04:39,67 (01:11,21)					
3.	Lara-Maria Bensalah	2012	SC Wiesbaden 1911	04:39,79	557	
	100m: 01:08,04 (01:08,04) 200m: 02:19,89 (01:11,85) 300m: 03:31,29 (01:11,40) 400m: 04:39,79 (01:08,50)					
4.	Marlene Contzen	2012	Hofheimer SC	04:50,98	495	
	100m: 01:09,45 (01:09,45) 200m: 02:23,15 (01:13,70) 300m: 03:36,83 (01:13,68) 400m: 04:50,98 (01:14,15)					
5.	Emilia Weber	2012	SV Delphin Wiesbaden e.V.	04:52,06	489	
	100m: 01:10,57 (01:10,57) 200m: 02:25,89 (01:15,32) 300m: 03:40,83 (01:14,94) 400m: 04:52,06 (01:11,23)					
6.	Nele Solveij Kämper	2012	SC Wiesbaden 1911	04:56,88	466	
	100m: 01:09,59 (01:09,59) 200m: 02:26,32 (01:16,73) 300m: 03:43,29 (01:16,97) 400m: 04:56,88 (01:13,59)					
7.	Lea Kliem	2012	Hofheimer SC	04:59,61	453	
	100m: 01:11,05 (01:11,05) 200m: 02:27,63 (01:16,58) 300m: 03:44,33 (01:16,70) 400m: 04:59,61 (01:15,28)					

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Hessische Jahrgangsmeisterin 2025						
	Mila Kleinert	2011	DSW 1912 Darmstadt e.V.	04:41,94	544	
	100m: 01:07,64 (01:07,64) 200m: 02:20,16 (01:12,52) 300m: 03:32,26 (01:12,10) 400m: 04:41,94 (01:09,68)					
2.	Klara Ilse	2011	SCW Eschborn	04:49,83	501	
	100m: 01:08,19 (01:08,19) 200m: 02:21,91 (01:13,72) 300m: 03:36,15 (01:14,24) 400m: 04:49,83 (01:13,68)					
3.	Laura Gheonea	2011	TV Wetzlar 1847	04:51,75	491	
	100m: 01:09,27 (01:09,27) 200m: 02:24,13 (01:14,86) 300m: 03:39,65 (01:15,52) 400m: 04:51,75 (01:12,10)					
4.	Jodie Philipp	2011	Hofheimer SC	04:58,95	456	
	100m: 01:10,51 (01:10,51) 200m: 02:26,89 (01:16,38) 300m: 03:44,02 (01:17,13) 400m: 04:58,95 (01:14,93)					

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Hessische Jahrgangsmeisterin 2025						
	Valerie Brzezicha	2010	SG Frankfurt	04:35,72	582	
	100m: 01:05,24 (01:05,24) 200m: 02:15,21 (01:09,97) 300m: 03:25,91 (01:10,70) 400m: 04:35,72 (01:09,81)					
2.	Nika Kolmans	2010	SC Wiesbaden 1911	04:36,73	576	
	100m: 01:06,48 (01:06,48) 200m: 02:16,55 (01:10,07) 300m: 03:27,14 (01:10,59) 400m: 04:36,73 (01:09,59)					
3.	Julia Olschowka	2010	DSW 1912 Darmstadt e.V.	04:41,83	545	
	100m: 01:06,03 (01:06,03) 200m: 02:17,64 (01:11,61) 300m: 03:30,62 (01:12,98) 400m: 04:41,83 (01:11,21)					
4.	Louisa Moroni	2010	SC Oberursel 1958	04:52,00	490	
	100m: 01:08,17 (01:08,17) 200m: 02:22,08 (01:13,91) 300m: 03:37,08 (01:15,00) 400m: 04:52,00 (01:14,92)					
5.	Helen Büscher	2010	Hofheimer SC	04:53,20	484	
	100m: 01:09,89 (01:09,89) 200m: 02:24,36 (01:14,47) 300m: 03:39,65 (01:15,29) 400m: 04:53,20 (01:13,55)					
6.	Talia Villacampa Miguella	2010	Hofheimer SC	04:55,23	474	
	100m: 01:09,60 (01:09,60) 200m: 02:25,79 (01:16,19) 300m: 03:40,93 (01:15,14) 400m: 04:55,23 (01:14,30)					

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Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2025					
	Emma Lia Pauly	2009	SV Delphin Wiesbaden e.V.	04:19,57	697
	100m: 01:02,59 (01:02,59) 200m: 02:08,54 (01:05,95) 300m: 03:15,09 (01:06,55) 400m: 04:19,57 (01:04,48)				
2.	Giovanna Vieten	2009	SG Frankfurt	04:30,46	617
	100m: 01:04,09 (01:04,09) 200m: 02:12,16 (01:08,07) 300m: 03:21,26 (01:09,10) 400m: 04:30,46 (01:09,20)				
3.	Marlene Tecklenburg	2009	SC Wiesbaden 1911	04:32,33	604
	100m: 01:06,38 (01:06,38) 200m: 02:15,38 (01:09,00) 300m: 03:24,98 (01:09,60) 400m: 04:32,33 (01:07,35)				
4.	Karlotta Reihle	2009	SC Wiesbaden 1911	04:47,35	514
	100m: 01:08,15 (01:08,15) 200m: 02:21,28 (01:13,13) 300m: 03:34,76 (01:13,48) 400m: 04:47,35 (01:12,59)				
5.	Lara Weigel	2009	WSV Großkrotzenburg	04:49,93	500
	100m: 01:09,05 (01:09,05) 200m: 02:22,94 (01:13,89) 300m: 03:38,13 (01:15,19) 400m: 04:49,93 (01:11,80)				
6.	Marlena Victoria Schön	2009	SG Frankfurt	04:50,14	499
	100m: 01:07,71 (01:07,71) 200m: 02:21,37 (01:13,66) 300m: 03:36,13 (01:14,76) 400m: 04:50,14 (01:14,01)				
	abgemeldet				
	Inessa Kelberer	2009	SC Wasserfreunde Fulda e.V.		EnM

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Jahrgangsmeisterin 2025					
	Emilie Appel	2008	Wassersportverein 1923 Offenbach e.V.	04:37,96	568
	100m: 01:06,11 (01:06,11) 200m: 02:15,87 (01:09,76) 300m: 03:27,35 (01:11,48) 400m: 04:37,96 (01:10,61)				
2.	Sophia Ivanova	2008	DJK-SSG Bensheim	04:49,74	501
	100m: 01:09,95 (01:09,95) 200m: 02:23,19 (01:13,24) 300m: 03:37,09 (01:13,90) 400m: 04:49,74 (01:12,65)				

Juniorinnen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Juniorenmeisterin 2025					
	Marie Strohalm	2007	SG Frankfurt	04:18,57	706
	100m: 01:02,42 (01:02,42) 200m: 02:07,58 (01:05,16) 300m: 03:13,18 (01:05,60) 400m: 04:18,57 (01:05,39)				
2.	Janna Pauly	2007	SV Delphin Wiesbaden e.V.	04:28,34	631
	100m: 01:04,27 (01:04,27) 200m: 02:11,68 (01:07,41) 300m: 03:21,13 (01:09,45) 400m: 04:28,34 (01:07,21)				
3.	Kira Sophie Lüder	2006	Wassersportverein 1923 Offenbach e.V.	04:36,70	576
	100m: 01:05,99 (01:05,99) 200m: 02:15,88 (01:09,89) 300m: 03:27,02 (01:11,14) 400m: 04:36,70 (01:09,68)				
4.	Clara Connert	2007	TV Wetzlar 1847	04:45,02	527
	100m: 01:07,22 (01:07,22) 200m: 02:19,64 (01:12,42) 300m: 03:32,81 (01:13,17) 400m: 04:45,02 (01:12,21)				

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Meisterin 2025					
	Marie Strohalm	2007	SG Frankfurt	04:18,57	706
	100m: 01:02,42 (01:02,42) 200m: 02:07,58 (01:05,16) 300m: 03:13,18 (01:05,60) 400m: 04:18,57 (01:05,39)				
2.	Emma Lia Pauly	2009	SV Delphin Wiesbaden e.V.	04:19,57	697
	100m: 01:02,59 (01:02,59) 200m: 02:08,54 (01:05,95) 300m: 03:15,09 (01:06,55) 400m: 04:19,57 (01:04,48)				
3.	Yvonne Prehn	2005	SC Wiesbaden 1911	04:20,24	692
	100m: 01:03,08 (01:03,08) 200m: 02:08,80 (01:05,72) 300m: 03:15,04 (01:06,24) 400m: 04:20,24 (01:05,20)				
4.	Eva Petrovska	2004	SG Frankfurt	04:23,73	665
	100m: 01:03,63 (01:03,63) 200m: 02:09,79 (01:06,16) 300m: 03:16,89 (01:07,10) 400m: 04:23,73 (01:06,84)				
5.	Janna Pauly	2007	SV Delphin Wiesbaden e.V.	04:28,34	631
	100m: 01:04,27 (01:04,27) 200m: 02:11,68 (01:07,41) 300m: 03:21,13 (01:09,45) 400m: 04:28,34 (01:07,21)				
6.	Sophia Herbsthoff	2004	DSW 1912 Darmstadt e.V.	04:28,71	629
	100m: 01:02,69 (01:02,69) 200m: 02:10,04 (01:07,35) 300m: 03:19,03 (01:08,99) 400m: 04:28,71 (01:09,68)				
7.	Giovanna Vieten	2009	SG Frankfurt	04:30,46	617
	100m: 01:04,09 (01:04,09) 200m: 02:12,16 (01:08,07) 300m: 03:21,26 (01:09,10) 400m: 04:30,46 (01:09,20)				

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noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
8.	Amelie Rühl	2012	SG Frankfurt	04:31,93	607
	100m: 01:05,93 (01:05,93) 200m: 02:15,25 (01:09,32) 300m: 03:24,87 (01:09,62) 400m: 04:31,93 (01:07,06)				
9.	Marlene Tecklenburg	2009	SC Wiesbaden 1911	04:32,33	604
	100m: 01:06,38 (01:06,38) 200m: 02:15,38 (01:09,00) 300m: 03:24,98 (01:09,60) 400m: 04:32,33 (01:07,35)				
10.	Cora Wittekindt	2005	TV Wetzlar 1847	04:35,56	583
	100m: 01:06,38 (01:06,38) 200m: 02:16,09 (01:09,71) 300m: 03:26,23 (01:10,14) 400m: 04:35,56 (01:09,33)				
11.	Valerie Brzezicha	2010	SG Frankfurt	04:35,72	582
	100m: 01:05,24 (01:05,24) 200m: 02:15,21 (01:09,97) 300m: 03:25,91 (01:10,70) 400m: 04:35,72 (01:09,81)				
12.	Kira Sophie Lüder	2006	Wassersportverein 1923 Offenbach e.V.	04:36,70	576
	100m: 01:05,99 (01:05,99) 200m: 02:15,88 (01:09,89) 300m: 03:27,02 (01:11,14) 400m: 04:36,70 (01:09,68)				
13.	Nika Kolmans	2010	SC Wiesbaden 1911	04:36,73	576
	100m: 01:06,48 (01:06,48) 200m: 02:16,55 (01:10,07) 300m: 03:27,14 (01:10,59) 400m: 04:36,73 (01:09,59)				
14.	Emilie Appel	2008	Wassersportverein 1923 Offenbach e.V.	04:37,96	568
	100m: 01:06,11 (01:06,11) 200m: 02:15,87 (01:09,76) 300m: 03:27,35 (01:11,48) 400m: 04:37,96 (01:10,61)				
15.	Luna Marie Straßheim	2012	SG Frankfurt	04:39,67	558
	100m: 01:06,41 (01:06,41) 200m: 02:16,56 (01:10,15) 300m: 03:28,46 (01:11,90) 400m: 04:39,67 (01:11,21)				
20.	Friederike Hackmann	1997	SC Wiesbaden 1911	04:47,26	514
	100m: 01:09,06 (01:09,06) 200m: 02:22,46 (01:13,40) 300m: 03:34,69 (01:12,23) 400m: 04:47,26 (01:12,57)				

EnM