

Wettkampf 14 - 400m Freistil männlich

Pflichtzeiten

2015: 06:05,00 2014: 05:43,00 2013: 05:18,00 2012: 04:58,00 2011: 04:50,00 2010: 04:40,00 2009: 04:34,00 2008: 04:32,00 2006 bis 2007: 04:28,00 2005 und älter: 04:21,00

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Bendix Bundt	2015	Hofheimer SC	05:32,11	261
	100m: 01:20,89 (01:20,89) 200m: 02:47,43 (01:26,54) 300m: 04:12,30 (01:24,87) 400m: 05:32,11 (01:19,81)				
2.	Vincent Keilmann	2015	DSW 1912 Darmstadt e.V.	05:41,43	240
	100m: 01:20,27 (01:20,27) 200m: 02:47,94 (01:27,67) 300m: 04:15,50 (01:27,56) 400m: 05:41,43 (01:25,93)				
3.	Marwan Mikkawi	2015	Hofheimer SC	05:44,62	233
	100m: 01:22,89 (01:22,89) 200m: 02:49,73 (01:26,84) 300m: 04:18,08 (01:28,35) 400m: 05:44,62 (01:26,54)				
4.	Oscar Proft	2015	DSW 1912 Darmstadt e.V.	05:49,65	223
	100m: 01:21,70 (01:21,70) 200m: 02:51,56 (01:29,86) 300m: 04:22,11 (01:30,55) 400m: 05:49,65 (01:27,54)				
5.	Toni Leon Behnke	2015	SFD Schwimmsport-Fulda e.V.	05:51,97	219
	100m: 01:21,37 (01:21,37) 200m: 02:51,73 (01:30,36) 300m: 04:23,46 (01:31,73) 400m: 05:51,97 (01:28,51)				
6.	Luiz Becker	2015	DSW 1912 Darmstadt e.V.	06:03,11	199
	100m: 01:24,63 (01:24,63) 200m: 02:57,42 (01:32,79) 300m: 04:32,80 (01:35,38) 400m: 06:03,11 (01:30,31)				

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Max Petermann	2014	SV Delphin Wiesbaden e.V.	04:52,31	382
	100m: 01:09,63 (01:09,63) 200m: 02:23,90 (01:14,27) 300m: 03:38,14 (01:14,24) 400m: 04:52,31 (01:14,17)				
2.	Finn Baumann	2014	Hofheimer SC	05:04,94	337
	100m: 01:12,27 (01:12,27) 200m: 02:30,39 (01:18,12) 300m: 03:48,15 (01:17,76) 400m: 05:04,94 (01:16,79)				
3.	Tilman Bundt	2014	Hofheimer SC	05:07,97	327
	100m: 01:13,36 (01:13,36) 200m: 02:31,87 (01:18,51) 300m: 03:50,13 (01:18,26) 400m: 05:07,97 (01:17,84)				
4.	Jan Auhl	2014	SV Gelnhausen 1924 e.V.	05:17,07	299
	100m: 01:17,39 (01:17,39) 200m: 02:38,57 (01:21,18) 300m: 03:59,03 (01:20,46) 400m: 05:17,07 (01:18,04)				
5.	Oleksandr Kovalenko	2014	Kasseler SV	05:22,30	285
	100m: 01:15,17 (01:15,17) 200m: 02:37,12 (01:21,95) 300m: 04:00,48 (01:23,36) 400m: 05:22,30 (01:21,82)				
6.	Liam Niewöhner	2014	SC Oberursel 1958	05:28,79	269
	100m: 01:17,79 (01:17,79) 200m: 02:43,31 (01:25,52) 300m: 04:06,97 (01:23,66) 400m: 05:28,79 (01:21,82)				
7.	Teo Arcones Schwenk	2014	DSW 1912 Darmstadt e.V.	05:31,31	262
	100m: 01:19,26 (01:19,26) 200m: 02:44,67 (01:25,41) 300m: 04:10,22 (01:25,55) 400m: 05:31,31 (01:21,09)				
8.	Noah Hermann	2014	TV Wetzlar 1847	05:31,47	262
	100m: 01:18,20 (01:18,20) 200m: 02:43,01 (01:24,81) 300m: 04:09,37 (01:26,36) 400m: 05:31,47 (01:22,10)				
9.	Lars Weigel	2014	WSV Großkrotzenburg	05:39,11	245
	100m: 01:21,72 (01:21,72) 200m: 02:47,76 (01:26,04) 300m: 04:13,84 (01:26,08) 400m: 05:39,11 (01:25,27)				
10.	Yevhenii Dehtiar	2014	SC Wiesbaden 1911	05:45,25	232
	100m: 01:21,08 (01:21,08) 200m: 02:48,14 (01:27,06) 300m: 04:17,64 (01:29,50) 400m: 05:45,25 (01:27,61)				

EnM

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Lukas Holz	2013	SG Frankfurt	04:43,74	418
	100m: 01:07,30 (01:07,30) 200m: 02:19,74 (01:12,44) 300m: 03:32,26 (01:12,52) 400m: 04:43,74 (01:11,48)				
2.	Moritz Schwabe	2013	Hofheimer SC	04:46,90	404
	100m: 01:08,26 (01:08,26) 200m: 02:21,08 (01:12,82) 300m: 03:34,41 (01:13,33) 400m: 04:46,90 (01:12,49)				
3.	Leonard Maurer	2013	SG Frankfurt	04:50,53	389
	100m: 01:10,14 (01:10,14) 200m: 02:24,00 (01:13,86) 300m: 03:37,66 (01:13,66) 400m: 04:50,53 (01:12,87)				
4.	Constantin Stefan Weißer	2013	SG Frankfurt	04:55,42	370
	100m: 01:09,57 (01:09,57) 200m: 02:24,56 (01:14,99) 300m: 03:40,28 (01:15,72) 400m: 04:55,42 (01:15,14)				
5.	Alexander Shkolnikov	2013	SG Frankfurt	04:55,97	368
	100m: 01:09,45 (01:09,45) 200m: 02:26,16 (01:16,71) 300m: 03:42,90 (01:16,74) 400m: 04:55,97 (01:13,07)				

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noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Mats Jordi Naumann	2013	Wassersportverein 1923 Offenbach e.V.	05:00,69	351
	100m: 01:11,91 (01:11,91) 200m: 02:28,48 (01:16,57) 300m: 03:44,42 (01:15,94) 400m: 05:00,69 (01:16,27)				
7.	Amadeus Vittinghoff	2013	DSW 1912 Darmstadt e.V.	05:01,35	349
	100m: 01:11,68 (01:11,68) 200m: 02:28,45 (01:16,77) 300m: 03:45,45 (01:17,00) 400m: 05:01,35 (01:15,90)				
8.	Henri Schergaut	2013	TV Wetzlar 1847	05:06,89	330
	100m: 01:13,42 (01:13,42) 200m: 02:32,18 (01:18,76) 300m: 03:50,65 (01:18,47) 400m: 05:06,89 (01:16,24)				
9.	Max Selke	2013	Kasseler SV	05:09,38	322
	100m: 01:13,19 (01:13,19) 200m: 02:31,98 (01:18,79) 300m: 03:51,56 (01:19,58) 400m: 05:09,38 (01:17,82)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Franz Markutzik	2012	Hofheimer SC	04:19,75	545
	100m: 01:03,01 (01:03,01) 200m: 02:08,90 (01:05,89) 300m: 03:15,56 (01:06,66) 400m: 04:19,75 (01:04,19)				
2.	Adrian Klose	2012	SCW Eschborn	04:37,27	448
	100m: 01:05,16 (01:05,16) 200m: 02:16,51 (01:11,35) 300m: 03:27,88 (01:11,37) 400m: 04:37,27 (01:09,39)				
3.	Lukas Margraf	2012	SG Wetterau	04:39,86	436
	100m: 01:04,77 (01:04,77) 200m: 02:16,25 (01:11,48) 300m: 03:28,38 (01:12,13) 400m: 04:39,86 (01:11,48)				
4.	Jonas Klingebiel	2012	SV Neptun Rotenburg	04:42,71	423
	100m: 01:08,14 (01:08,14) 200m: 02:20,32 (01:12,18) 300m: 03:32,14 (01:11,82) 400m: 04:42,71 (01:10,57)				
5.	Mazen Ghoneim	2012	DSW 1912 Darmstadt e.V.	04:51,68	385
	100m: 01:09,92 (01:09,92) 200m: 02:24,42 (01:14,50) 300m: 03:39,82 (01:15,40) 400m: 04:51,68 (01:11,86)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Fabio Lanucara	2011	DSW 1912 Darmstadt e.V.	04:17,89	557
	100m: 01:00,75 (01:00,75) 200m: 02:06,34 (01:05,59) 300m: 03:12,37 (01:06,03) 400m: 04:17,89 (01:05,52)				
2.	Simon Theissen	2011	SG Frankfurt	04:20,79	539
	100m: 01:02,11 (01:02,11) 200m: 02:09,21 (01:07,10) 300m: 03:16,26 (01:07,05) 400m: 04:20,79 (01:04,53)				
3.	Linus Bechtel	2011	SG Wetterau	04:23,95	519
	100m: 01:02,38 (01:02,38) 200m: 02:10,60 (01:08,22) 300m: 03:18,52 (01:07,92) 400m: 04:23,95 (01:05,43)				
4.	Johann Weiß	2011	SC Wiesbaden 1911	04:28,25	495
	100m: 01:04,41 (01:04,41) 200m: 02:12,31 (01:07,90) 300m: 03:21,49 (01:09,18) 400m: 04:28,25 (01:06,76)				
5.	Oskar Reimann	2011	Hofheimer SC	04:37,74	446
	100m: 01:05,54 (01:05,54) 200m: 02:16,22 (01:10,68) 300m: 03:27,16 (01:10,94) 400m: 04:37,74 (01:10,58)				
6.	Niklas Maack	2011	SC Wiesbaden 1911	04:39,99	435
	100m: 01:05,52 (01:05,52) 200m: 02:16,54 (01:11,02) 300m: 03:28,70 (01:12,16) 400m: 04:39,99 (01:11,29)				
7.	Julien Jörn	2011	DSW 1912 Darmstadt e.V.	04:40,90	431
	100m: 01:07,88 (01:07,88) 200m: 02:19,78 (01:11,90) 300m: 03:31,12 (01:11,34) 400m: 04:40,90 (01:09,78)				
8.	Felix Veith	2011	SFD Schwimmsport-Fulda e.V.	04:42,70	423
	100m: 01:05,44 (01:05,44) 200m: 02:17,53 (01:12,09) 300m: 03:30,61 (01:13,08) 400m: 04:42,70 (01:12,09)				
9.	Junes Emilian Franke	2011	SV Delphin Wiesbaden e.V.	04:43,98	417
	100m: 01:06,14 (01:06,14) 200m: 02:19,12 (01:12,98) 300m: 03:32,37 (01:13,25) 400m: 04:43,98 (01:11,61)				

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Jannes Mika Kämper	2010	SC Wiesbaden 1911	04:11,21	603
	100m: 01:02,74 (01:02,74) 200m: 02:06,10 (01:03,36) 300m: 03:08,26 (01:02,16) 400m: 04:11,21 (01:02,95)				
2.	Tom Scott Mühlbauer	2010	SC Wiesbaden 1911	04:19,39	547
	100m: 01:02,39 (01:02,39) 200m: 02:08,40 (01:06,01) 300m: 03:14,59 (01:06,19) 400m: 04:19,39 (01:04,80)				
3.	Florian Funke	2010	SC Wiesbaden 1911	04:22,21	530
	100m: 01:02,52 (01:02,52) 200m: 02:08,71 (01:06,19) 300m: 03:15,64 (01:06,93) 400m: 04:22,21 (01:06,57)				

Hessische Kurzbahnmeisterschaften 2025

vom 31.10.2025 bis 02.11.2025 im Sportbad Zieher

Veranstalter: Hessischer Schwimmverband / Ausrichter: SC Wfr. Fulda

Protokoll

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noch Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Arne Gerald Roth	2010	SCW Eschborn	04:24,46	516
	100m: 01:02,56 (01:02,56) 200m: 02:09,97 (01:07,41) 300m: 03:17,83 (01:07,86) 400m: 04:24,46 (01:06,63)				
5.	Yahia Ghoneim	2010	DSW 1912 Darmstadt e.V.	04:27,75	498
	100m: 01:05,13 (01:05,13) 200m: 02:14,73 (01:09,60) 300m: 03:23,08 (01:08,35) 400m: 04:27,75 (01:04,67)				
6.	Fabian Holz	2010	SG Frankfurt	04:34,22	463
	100m: 01:02,42 (01:02,42) 200m: 02:12,57 (01:10,15) 300m: 03:24,14 (01:11,57) 400m: 04:34,22 (01:10,08)				

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Florentin Bensalah	2009	SC Wiesbaden 1911	04:07,90	627
	100m: 00:58,77 (00:58,77) 200m: 02:01,69 (01:02,92) 300m: 03:05,73 (01:04,04) 400m: 04:07,90 (01:02,17)				
2.	Christopher Failing	2009	SG Frankfurt	04:10,27	609
	100m: 00:58,15 (00:58,15) 200m: 02:01,58 (01:03,43) 300m: 03:05,84 (01:04,26) 400m: 04:10,27 (01:04,43)				
3.	Julian Santino Bleek	2009	SC Wiesbaden 1911	04:19,08	549
	100m: 01:01,62 (01:01,62) 200m: 02:07,78 (01:06,16) 300m: 03:13,80 (01:06,02) 400m: 04:19,08 (01:05,28)				
4.	Hannes Schultetus	2009	SC Wiesbaden 1911	04:22,16	530
	100m: 01:00,77 (01:00,77) 200m: 02:06,69 (01:05,92) 300m: 03:12,32 (01:05,63) 400m: 04:22,16 (01:09,84)				
5.	Lasse Majka	2009	Wassersportverein 1923 Offenbach e.V.	04:24,23	518
	100m: 01:02,73 (01:02,73) 200m: 02:10,07 (01:07,34) 300m: 03:17,92 (01:07,85) 400m: 04:24,23 (01:06,31)				
6.	David Smeja-Kerr	2009	SC Wiesbaden 1911	04:26,97	502
	100m: 01:01,54 (01:01,54) 200m: 02:10,53 (01:08,99) 300m: 03:19,20 (01:08,67) 400m: 04:26,97 (01:07,77)				
7.	Florian Wiese	2009	SG Soden Kelkheim	04:36,42	452
	100m: 01:05,25 (01:05,25) 200m: 02:16,08 (01:10,83) 300m: 03:27,40 (01:11,32) 400m: 04:36,42 (01:09,02)				
8.	Jannik Lüder	2009	Wassersportverein 1923 Offenbach e.V.	04:42,24	425
	100m: 01:05,84 (01:05,84) 200m: 02:18,03 (01:12,19) 300m: 03:31,09 (01:13,06) 400m: 04:42,24 (01:11,15)				
	<u>abgemeldet</u>				
	Jannes Schmidt	2009	SC Wiesbaden 1911		EnM

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Jahrgangsmeister 2025					
	Maximilian Ott	2008	Wassersportverein 1923 Offenbach e.V.	04:18,20	555
	100m: 01:01,81 (01:01,81) 200m: 02:07,84 (01:06,03) 300m: 03:13,82 (01:05,98) 400m: 04:18,20 (01:04,38)				
2.	Julian Wunschheim	2008	SC Wiesbaden 1911	04:19,37	548
	100m: 01:01,68 (01:01,68) 200m: 02:07,56 (01:05,88) 300m: 03:13,70 (01:06,14) 400m: 04:19,37 (01:05,67)				
3.	Paul Funke	2008	SC Wiesbaden 1911	04:21,90	532
	100m: 01:02,95 (01:02,95) 200m: 02:09,57 (01:06,62) 300m: 03:16,27 (01:06,70) 400m: 04:21,90 (01:05,63)				
4.	Jaron Groß	2008	SG Frankfurt	04:27,59	499
	100m: 01:02,01 (01:02,01) 200m: 02:08,96 (01:06,95) 300m: 03:18,01 (01:09,05) 400m: 04:27,59 (01:09,58)				
5.	Philipp Wrzesniewski	2008	TV Wetzlar 1847	04:29,51	488
	100m: 01:02,76 (01:02,76) 200m: 02:12,44 (01:09,68) 300m: 03:22,01 (01:09,57) 400m: 04:29,51 (01:07,50)				
6.	Theodor Heuberger	2008	DSW 1912 Darmstadt e.V.	04:30,73	481
	100m: 01:04,30 (01:04,30) 200m: 02:12,41 (01:08,11) 300m: 03:21,90 (01:09,49) 400m: 04:30,73 (01:08,83)				

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Juniorenmeister 2025					
	Diego Alfons Heinze	2007	SC Wiesbaden 1911	03:53,74	748
	100m: 00:56,84 (00:56,84) 200m: 01:56,05 (00:59,21) 300m: 02:55,96 (00:59,91) 400m: 03:53,74 (00:57,78)				
2.	Jakob Werner	2006	DSW 1912 Darmstadt e.V.	04:04,99	650
	100m: 00:56,71 (00:56,71) 200m: 01:56,94 (01:00,23) 300m: 02:58,35 (01:01,41) 400m: 04:04,99 (01:06,64)				

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noch Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
3.	Melvin Jonas	2007	TV Wetzlar 1847	04:07,03	634
100m: 00:59,07 (00:59,07) 200m: 02:01,63 (01:02,56) 300m: 03:04,72 (01:03,09) 400m: 04:07,03 (01:02,31)					

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessischer Meister 2025					
	Adrian Eichler	2003	SC Wiesbaden 1911	03:53,20	753
100m: 00:56,67 (00:56,67) 200m: 01:56,85 (01:00,18) 300m: 02:56,88 (01:00,03) 400m: 03:53,20 (00:56,32)					
2.	Diego Alfons Heinze	2007	SC Wiesbaden 1911	03:53,74	748
100m: 00:56,84 (00:56,84) 200m: 01:56,05 (00:59,21) 300m: 02:55,96 (00:59,91) 400m: 03:53,74 (00:57,78)					
3.	David Vandenhirtz	2005	SG Frankfurt	03:58,04	708
100m: 00:56,98 (00:56,98) 200m: 01:58,03 (01:01,05) 300m: 02:58,55 (01:00,52) 400m: 03:58,04 (00:59,49)					
4.	Jakob Werner	2006	DSW 1912 Darmstadt e.V.	04:04,99	650
100m: 00:56,71 (00:56,71) 200m: 01:56,94 (01:00,23) 300m: 02:58,35 (01:01,41) 400m: 04:04,99 (01:06,64)					
5.	Melvin Jonas	2007	TV Wetzlar 1847	04:07,03	634
100m: 00:59,07 (00:59,07) 200m: 02:01,63 (01:02,56) 300m: 03:04,72 (01:03,09) 400m: 04:07,03 (01:02,31)					
6.	Florentin Bensalah	2009	SC Wiesbaden 1911	04:07,90	627
100m: 00:58,77 (00:58,77) 200m: 02:01,69 (01:02,92) 300m: 03:05,73 (01:04,04) 400m: 04:07,90 (01:02,17)					
7.	Christopher Failing	2009	SG Frankfurt	04:10,27	609
100m: 00:58,15 (00:58,15) 200m: 02:01,58 (01:03,43) 300m: 03:05,84 (01:04,26) 400m: 04:10,27 (01:04,43)					
8.	Felix Hofmann	2005	SC Wiesbaden 1911	04:11,08	604
100m: 00:58,79 (00:58,79) 200m: 02:02,21 (01:03,42) 300m: 03:06,94 (01:04,73) 400m: 04:11,08 (01:04,14)					
9.	Jannes Mika Kämper	2010	SC Wiesbaden 1911	04:11,21	603
100m: 01:02,74 (01:02,74) 200m: 02:06,10 (01:03,36) 300m: 03:08,26 (01:02,16) 400m: 04:11,21 (01:02,95)					
10.	Jakob Artjom Knoblauch	2004	DSW 1912 Darmstadt e.V.	04:13,06	590
100m: 00:58,15 (00:58,15) 200m: 01:59,74 (01:01,59) 300m: 03:04,39 (01:04,65) 400m: 04:13,06 (01:08,67)					
11.	Fabio Lanucara	2011	DSW 1912 Darmstadt e.V.	04:17,89	557
100m: 01:00,75 (01:00,75) 200m: 02:06,34 (01:05,59) 300m: 03:12,37 (01:06,03) 400m: 04:17,89 (01:05,52)					
12.	Maximilian Ott	2008	Wassersportverein 1923 Offenbach e.V.	04:18,20	555
100m: 01:01,81 (01:01,81) 200m: 02:07,84 (01:06,03) 300m: 03:13,82 (01:05,98) 400m: 04:18,20 (01:04,38)					
13.	Julian Santino Bleek	2009	SC Wiesbaden 1911	04:19,08	549
100m: 01:01,62 (01:01,62) 200m: 02:07,78 (01:06,16) 300m: 03:13,80 (01:06,02) 400m: 04:19,08 (01:05,28)					
14.	Julian Wunschheim	2008	SC Wiesbaden 1911	04:19,37	548
100m: 01:01,68 (01:01,68) 200m: 02:07,56 (01:05,88) 300m: 03:13,70 (01:06,14) 400m: 04:19,37 (01:05,67)					
15.	Tom Scott Mühlbauer	2010	SC Wiesbaden 1911	04:19,39	547
100m: 01:02,39 (01:02,39) 200m: 02:08,40 (01:06,01) 300m: 03:14,59 (01:06,19) 400m: 04:19,39 (01:04,80)					